



Personal Area Cleaning & Disinfection Guidelines for Students

This document is intended to provide students with general guidelines regarding the cleaning and disinfection of personal space. CSUF custodial staff will be performing regular cleaning and disinfection of common areas such as lobbies, elevators, waiting and sitting areas, and restrooms in student housing buildings, but will not be entering student's personal rooms or areas. Students are responsible for procuring cleaning and disinfection materials for personal use and performing cleaning and disinfection of their personal space and items.



PERSONAL HYGIENE

1. Before, during, and after cleaning and disinfection activities, conduct frequent hand hygiene following the World Health Organization (WHO) guidelines. At minimum, hand hygiene should be conducted prior to beginning cleaning and disinfection, before touching your face, after coughing or sneezing, and after cleaning and disinfection is completed and prior to leaving your personal area.
2. Avoid touching your eyes, nose and mouth during cleaning and disinfection activities.
3. If you have to sneeze or cough, cover your nose and mouth with a cloth or use the crook of your arm to minimize dispersal of respiratory droplets.
4. Accumulation of personal items on surfaces should be limited to allow for easier surface cleaning and disinfection.



PROTECTIVE EQUIPMENT

1. Review the Safety Data Sheet (SDS) and product safety information for each cleaning and disinfection product to be used. Follow the recommendations for personal protective equipment as recommended in the product information.
2. In the absence of product information specifying personal protective equipment, at a minimum it is recommended that disposable gloves be worn during cleaning and disinfection to prevent skin contact with surfaces and cleaning and disinfection products.



ENVIRONMENTAL CLEANING

1. Use only EPA-approved disinfectant products during cleaning and disinfection activities. Follow the manufacturer's recommendations for disinfection including proper contact time, which can range from seconds up to 10 minutes. Note that some products may cause damage to or discoloration of surfaces. <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>
2. prioritize high-touch surfaces such as door handles, light switches, keyboards, remote controls, desks, touch screens and phones for cleaning and disinfection.
3. Surfaces that are not touched frequently (e.g. walls, ceilings, floors) or can be isolated from common use generally do not require additional cleaning or disinfection
4. Non-porous (hard) surfaces can be wiped to perform physical cleaning following application of products. Disinfectants should be allowed to stay wet for the recommended contact time stated in the product information. Following wiping, surfaces can be allowed to air dry.
5. For soft (porous) surfaces such as carpeted floor, rugs, and drapes, remove visible contamination, if present and clean with appropriate cleaners indicated for use on these surfaces. Launder any items in accordance with the manufacturer's instructions using the warmest appropriate water setting for the items and then dry items completely.